

BREAKFAST ALL DAY*Early Bird Special:
\$1.00 off 7:30-9:00am*

Egg & Cheese Sandwich	\$4.75
Egg & Cheese Sandwich with bacon or sausage	\$5.75
Two Eggs any style, toast, and bacon or sausage	\$5.75
Three-Egg Omelet, toast, and home fries or fruit	
• <i>Cheese and Veggie</i>	\$5.75
• <i>Bacon or Sausage</i>	\$6.25
Mr. May's Yogurt Parfait	\$4.00
Fruit Salad	\$4.00
Muffin	\$1.50
Add to any order: Home Fries, Bacon, Sausage or Fruit	\$2.00

SMOOTHIES

Immune Booster	\$5.95
Kale Detox	\$5.95
Muscle Maker	\$6.95
Strawberry Oatmeal	\$5.95
Coffee Buzz	\$5.95
Add to any smoothie: Protein Powder, Wheat Grass, or Single Shot Espresso	\$1.00
<i>(Double Espresso = \$2.00)</i>	

CREPES AND PANINIS

Bacon, Brie and Fig Jam	\$7.00
Chicken, Brie, Carmelized Onion, Roasted Red Pepper	\$7.50
The 55: Ham, Apple, Brie, Dijon	\$7.00
Grilled Cheese Panini	\$3.50
Peanut Butter & Jelly	\$3.50
GrandSlam Crepe	\$6.00
<i>Eggs, bacon, sausage and cheese</i>	
Southwestern Turkey	\$6.00
<i>Turkey, cheese, chipotle sauce</i>	
Curry Up and Crepe!	\$6.00
<i>Chicken, onion, curry sauce</i>	
Florentine Crepe	\$6.00
<i>Chicken, spinach, onion, cheese, Alfredo sauce</i>	
Peanut Butter and Banana Crepe	\$5.00
<i>Honey and candied walnuts</i>	
Johnny Appleseed Crepe	\$5.00
<i>Apple compote, cream cheese</i>	
Nutella Strawberry Crepe	\$5.00

Don't miss our weekly specials!**SANDWICHES AND WRAPS**

Breads: *White, multi-grain, olive rosemary, cranberry walnut, rye, grilled wrap*

The Classic: Chicken Salad or Tuna Salad or Ham or Turkey, with cheese	\$5.00
Roasted Veggie Sriracha	\$6.25
The Pam	\$6.25
<i>Buffalo Chicken with Gorgonzola Mayo</i>	
Falafel	\$6.25
<i>With Hummus, Romaine, Tahini</i>	
Sweet Chili Asian Slaw Wrap	
• <i>With Tofu</i>	\$6.25
• <i>With Chicken</i>	\$7.25

SOUPS AND SALADS

Soups of the Day	Bowl (10 oz)	\$3.50
	Bigger Bowl (15 oz)	\$4.50
Caesar Salad - Romaine or Kale		\$5.50
Spring Salad		\$5.50
Add to any salad:		
• <i>Tofu, grilled chicken, chicken salad, tuna salad</i>		\$2.50
• <i>Hummus</i>		\$1.00
• <i>Salmon</i>		\$4.00
House Salad		\$6.50
<i>Baby kale, chick peas, roasted peppers, candied walnuts, parmesan, citrus vinaigrette</i>		
Hummus & Veggies		\$4.00

HOT BEVERAGES

	S	M	L
Brewed Coffee	\$1.50	\$1.75	\$2.00
Latte	\$3.75	\$4.25	\$4.75
Mocha	\$4.00	\$4.50	\$5.00
Cappuccino	\$3.75	\$4.25	\$4.75
Macchiato	\$3.50	\$3.75	\$4.00
Americano	\$2.25	\$2.25	\$2.25
Chai Latte	\$3.50	\$4.00	\$4.50
Dirty Chai Latte	\$4.00	\$4.50	\$5.00
Double Shot of Espresso	\$2.00	\$2.00	\$2.00
Tea	\$1.50	\$1.50	\$1.50
Hot Chocolate	\$1.50	\$1.75	\$2.00
Ask for added flavor!	+50¢	+75¢	+\$1.00

COLD BEVERAGES

Canned Beverage	\$1.10
Bottled Juice or Tea	\$2.00
Bottled Water	\$1.10

FOOD ALLERGY NOTICE: PLEASE BE ADVISED THAT FOOD PREPARED HERE MAY CONTAIN THESE INGREDIENTS: MILK, EGGS, WHEAT, SOYBEAN, PEANUTS, TREE NUTS, FISH AND SHELLFISH

The Café at Fifty-Five is a mission-driven restaurant, committed to increasing nutrition and food security in our community. All profits from Café and catering sales are used to fuel the many Hands On Hartford services that help folks right here in Hartford.

With free WiFi and parking, private rooms for meetings and events, and full-service catering, The Café at Fifty-Five is the perfect choice for your next meal, meeting or event!

Hands On Hartford is committed to increasing nutrition and food security, improving health and providing housing while we engage volunteers and connect communities. Hands On Hartford's mission is, in partnership with others, to strengthen community in Hartford by responding faithfully to people in need through programs that change lives and renew human possibility.



Founded in 1969 as Center City Churches



**55 Bartholomew Avenue
Hartford, CT 06106**

Tuesday—Friday, 7:30am—2:30pm

**Information and carry-out orders:
860-706-1523**

Caterers Who Care

**For catering orders (on-site or off-site)
contact Chef Marcel Touponse,
860-706-1519 or
mtouponse@handsonhartford.org**