

# How to paint at Peter's Retreat

Now that you have completed your General Orientation at Peter's Retreat, you are ready to start your painting project!

Time Commitment: Flexible

## Prior to arriving at Peter's Retreat

Wear clothing that you don't mind getting dirty

## Step-by-Step

- 1. Sign in at the front office.
- 2. Meet with your AmeriCorps or Team Leader to go over your goals for the day.
- 3. Lay down drop cloths and secure them to the floor.
- 4. Open windows and doors to allow for air flow.
- 5. Prepare the surface by scraping off chipped paint and sanding where necessary to smooth out any blemishes.
- 6. Tape any corners or trouble areas where paint may drip or seal moving parts.
- 7. Have some team members "cut in" the edges with brushes, while the rest of the team paints with rollers.
- 8. Clean up any drips or spills immediately with Goof Off or Paint Thinner (depending on the type of paint.
- 9. After all of the painting is done throw out all garbage, drop cloths and tape.
- 10. Clean all brushes, paint dishes and rollers thoroughly.
- 11. Vacuum or sweep if necessary.
- 12. Ensure the space is cleaner than when you found it.

#### **Tips and Tricks**

- Clean as you go, this makes the end clean-up easier and faster!
- Watch where you step so you don't bring any paint with you (on your shoes).
- Remember less is more! Try to dip only a ¼ of the paint brush in paint.
- Pay attention to moving parts (e.g. painting a cabinet, drawers, or windows) where dried paint might seal things shut.
- Keep the room as well ventilated as possible, take breaks to catch fresh air and, drink lots of water!

### **Expectations**

- Be culturally sensitive.
- Be respectful or staff, residents and visitors.
- Follow Peter's Retreat safety precautions, particularly while handling garbage or moving furniture.
- Maintain a high level of cleanliness and be cognizant of drips or spills.